

ELK GROVE **COMMUNITY SERVICES DISTRICT**

Fire • Emergency Medical Services • Parks & Recreation

PARKS AND RECREATION DEPARTMENT

8820 Elk Grove Blvd., Suite 3, Elk Grove, CA 95624 (916) 685-3917 • (916) 685-6942 fax • www.egcsd.ca.gov

For Immediate Release Date: January 12, 2004

To: Elk Grove News/Sports Editors

From: Elk Grove Community Services District (CSD)

Public Service Announcement

Contact: Jill Boyd Recreation Coordinator (916) 405-5338

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SUBJECT: FEBRUARY SPORTS FUN FOR YOUTH & PROSPECTIVE COACHES

Elk Grove, CA – Help your family become more active in 2004 by registering for one of the youth sports programs offered in February through the Elk Grove Community Services District. Registration is now being accepted for the classes below. Contact the CSD Department of Parks and Recreation at (916) 685-3917 for more information.

Wildcat Basketball Clinic

Ages 3-12

The Franklin High School basketball staff will teach the fundamentals of team basketball including new offence and defense techniques. Children will also have the opportunity to play games and compete in a variety of contests.

Grades 3-5: Saturdays, Feb 21 – March 6, 9:00 to 10:20 a.m. Grades 6-8: Saturdays, Feb 21 – March 6, 10:30 to 11:50 a.m.

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Held at: Franklin High School Basketball Courts

Cost: \$42

How to Become a Successful Youth Sports Coach With High Performance Sports

Ages 10+

A must for all those parents who are thinking of taking on the challenge of coaching their first youth sports team! High Performance Sports Coach Steve Abrams has put together this comprehensive course, built on the foundation that the well being of children should be placed above everything else. This course includes a 33 page take home manual that will assist beginning coaches in their quest to be successful and will give practical answers to the question "How do I get started?".

Thursday, February 19, 7:00-9:00pm

Held at: Youth Center

Cost: \$38

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